



## A Little visit to Jesus in the Most Blessed Sacrament

Jesus, the Divine Friend of Children!  
Grades 1 & 2

As you know the attention span for these little ones is short, so let your goal be to begin to expose them to Jesus in the Blessed Sacrament as early as possible. So we begin with short visits while educating them on their surroundings, their behavior, and how to pray, while in HIS PRESENCE!



Teach them the basics!

- Ask your parish priest to expose Jesus in the Blessed Sacrament for the children. With incense, and flowers on the altar, so you are conveying to the children there is someone really here, and it is someone we love.
- Teach them how to genuflect while entering an Adoration Chapel or Church when the Blessed Sacrament is exposed.
- Genuflect with both knees and while on both knees they bow their little heads.
- To be very quiet, this is a place for a very little voice.
- If you have a small group of little ones rather than go into the pews gather them on floor around the Blessed Sacrament. (They can make prayer mats.)
- Talk to them about how Jesus is truly present in the Host, our Hidden God. Talk about how much He loves us and wants to be loved by us. He waits for them day and night for their whole family to come visit Him!
- Teach them to adore Him because he is God.
- Just tell them, to close their little eyes and be very very quiet, and tell Jesus from their hearts, I love you Jesus! Throw HIM kisses!
- Let them know that whenever they need something or feel troubled to come to HIM here present in every Catholic Church or Adoration Chapel.
- Let them know that Mary, the Mother of Jesus is always here adoring Jesus with us!
- Ask Jesus' mother Mary to help them to pray.
- Lead them in a short prayer for the little ones.  
My God! My God! I love you in the Most Blessed Sacrament!
- Sings a song to Jesus! Children love to sing and Jesus loves to hear them.